

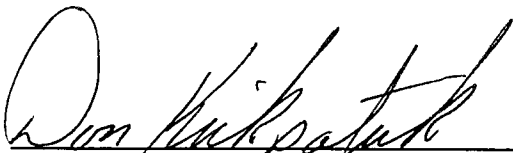
**VAN ZANDT COUNTY JUVENILE PROBATION DEPARTMENT**

**LOCAL WELLNESS POLICY**

**Van Zandt County Juvenile Board hereby adopts the Van Zandt County Juvenile Probation Department Local Wellness Policy to coincide with the Grand Saline Independent School District Local Wellness Policy.**

**The Van Zandt County Wellness Policy as approved and reviewed by the Van Zandt County Board.**

**I, Robert J. Colacino have reviewed and approved all changes to the local Wellness Policy.**

  
\_\_\_\_\_  
Honorable Judge Don Kirkpatrick, Chairman  
Van Zandt County Judge

10-14-2022  
Date

  
\_\_\_\_\_  
Robert J, Colacino  
Director of Juvenile Services

10.14.2022  
Date

# **Van Zandt County Juvenile Probation Department Local Wellness Policy**

Van Zandt County Juvenile Probation Department (VZCJPD) is committed to providing an environment within Van Zandt County Multi-Service Center, along with the Grand Saline Independent School District, that promotes and protects children's health, well-being, and ability to learn by supporting and providing an opportunity for healthy eating, education and physical activity. All the components of nutritional education, physical activity and other facility based activities are part of the VZCJPD Program.

VZCJPD has developed a Local Wellness Policy that is focused on improving the health of our residents/students in the Juvenile Detention Facility while they are with us. Food and beverages served at the detention facility will meet the nutritional recommendations of the National School Lunch Program, School Breakfast Program and U.S. Dietary Guidelines for Americans.

## **I. Nutrition Education to Promote Student Wellness**

VZCJPD promotes the goal of teaching our residents/students to eat healthy.

All students are provided information at the intake process about the importance of eating healthy.

## **II. Physical Activity Promoting Student Wellness**

VZCJPD promotes the goal of teaching our residents/students the importance of regular physical activity.

VZCJPD implements activities to promote health and physical activities within the facility while a youth is a resident/student.

VZCJPD will provide scheduled large muscle exercises for a minimum of one hour to promote student wellness.

## **III. Other School-Bases Activities Promoting Student Wellness**

VZCJPD promotes the goal of providing regular activities which promote awareness of healthy eating habits.

VZCJPD provides each resident/student with word searches and worksheets which promote further awareness of good eating habits.

#### **IV Meeting Nutritional Guidelines for all Food and Beverages**

VZCJPD promotes the goal of following the required guidelines for all food and beverages served at the facility.

VZCJPD provides a meal production sheet for each meal served which meet all the nutritional requirements of the U.S.D.A Dietary Guidelines of Americans. The meals and menus are developed with a registered dietician who provides the nutrition analysis of each meal served.

Meals served through the National School Lunch and Breakfast Programs shall:

- Be appealing and attractive to children
- Be served in a clean and pleasant setting
- Meet, at a minimum, nutrition requirements established by local, state, and federal regulations
- Children are served a variety of fruits and vegetables

Food and beverages served at the VZCJPD will meet the nutrition recommendations of the National School Lunch Program, School Breakfast Program, and U.S.D.A. Dietary Guidelines for Americans.

#### **V. Reimbursement Meals Shall Meet or Exceed Federal Regulations**

VZCJPD promotes the goal that foods and beverages provided through federally reimbursable school meal programs shall meet or exceed federal regulations.

The Facility Administrator or designee will regularly monitor the meals provided to the resident/student at the facility. Temperatures are taken at breakfast and lunch which meet the USD Guidelines and Van Zandt County Juvenile Probation Department Policy and Procedures 16.10 and appropriate beverages are offered at each meal and recorded.

The Facility Administrator or designee is responsible for program monitoring, policy review, implementation and revisions.

#### **VI. Stakeholder Engagement**

VZCJPD promotes the engagement of Stakeholders such as the Facility Administrator, Governing Board Members, parents and students to be involved in the development and implementation of the Local Wellness Policy.

## **VII. Records Retention**

VZCJPD is required to keep documentation for three (3) years.

## **VIII. Implementation Assessments and Updates**

VZCJPD will ensure that compliance with local school wellness policy.

VZCJPD will at least once every three years, assess compliance with the local school wellness policy, and make assessment results available to the public. The assessment must measure the implementation of the local school wellness policy, and include:

- The extent to which schools under the jurisdiction of the district are in compliance with the local school wellness policy;
- The extent to which the district's local school wellness policy compares to model local school wellness policies; and
- A description of the progress made in attaining the goals of the local school wellness policy.

## **IX. Marketing at School Operating NSLP and /or SBP**

VZCJPD is a RCCI and does not allow for foods and/or beverages to be sold within the facility.

## ANNUAL WELLNESS PROGRAM ASSESSMENT

**Date:** October 14, 2022

**Assessor:** Robert J. Colacino

### **Goals:**

VZCJPD promotes the goal of teaching our residents/students the importance of regular physical activity eating healthy. VZCJPD implements activities to promote health and physical activities within the facility while a youth is a resident/student. VZCJPD will provide scheduled large muscle exercises for a minimum of one hour to promote student wellness.

### **The following items have been assessed:**

Promote the goal of following the required guidelines for all foods and beverages served at the facility

Provide a meal production sheet with the nutritional information of each meal served at the facility.

Have the meals and menus developed, reviewed and approved by a registered dietician which ensures that the menu plans meet or exceed the requirements of the United States Department of Agriculture.

Serve meals through the National School Lunch and School Breakfast Programs which are appealing and attractive to residents/students.

Serve meals in a clean and pleasant setting

Serve meals which meet, at a minimum requirement established by local, state and federal statutes and regulations.

Serve a variety of fruit and vegetables.

Serve Food and Beverages that meet the recommendations of the NSLP U.S.D.A. Dietary Guidelines for Americans and the United States Department of Agriculture.

Documentation retention for a period of three (3) years.

Monitor and assess the effectiveness of the implementation of VZCJPD Local Wellness Policy for compliance, model and ensure progress is made towards attaining the goals set forth in the Local Wellness Policy.

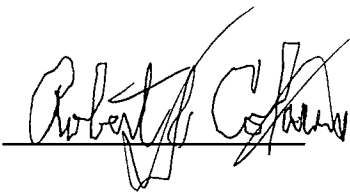
Local Wellness Policy assessment results are available to the public.

**The following items are reviewed daily, weekly and monthly, annually:**

Daily Housing Sheets  
Meal Count Logs  
Food Production Forms  
Shift supervisor reports  
Daily program schedules  
Food Survey Forms with Juveniles and Parents  
Deep Night Check List  
Major Clean-up Sheets  
Major Clean-up for Diversionary  
TAC State Facility Standards

**I have reviewed the above referenced items and found the Van Zandt County Local Wellness Policy in compliance.**

**Signature:**



**Date:**

10/14/2022

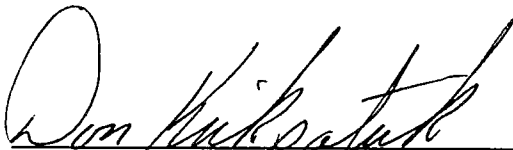
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Robert J, Colacino  
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The Facility Administrator or designee is responsible for program monitoring, policy review, implementation and revisions.

#### **VI. Stakeholder Engagement**

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## ANNUAL WELLNESS PROGRAM ASSESSMENT

**Date:** October 14, 2022

**Assessor:** Robert J. Colacino

### **Goals:**

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Serve meals in a clean and pleasant setting

Serve meals which meet, at a minimum requirement established by local, state and federal statutes and regulations.

Serve a variety of fruit and vegetables.

Serve Food and Beverages that meet the recommendations of the NSLP U.S.D.A. Dietary Guidelines for Americans and the United States Department of Agriculture.

Documentation retention for a period of three (3) years.

Monitor and assess the effectiveness of the implementation of VZCJPD Local Wellness Policy for compliance, model and ensure progress is made towards attaining the goals set forth in the Local Wellness Policy.

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**The following items are reviewed daily, weekly and monthly, annually:**

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Deep Night Check List  
Major Clean-up Sheets  
Major Clean-up for Diversionary  
TAC State Facility Standards

**I have reviewed the above referenced items and found the Van Zandt County Local Wellness Policy in compliance.**

Signature: 

Date: 10/14/2022

VAN ZANDT COUNTY JUVENILE PROBATION DEPARTMENT  
323 E. GARLAND, GRAND SALINE, TEXAS 75140

CHAPTER: FOOD SERVICE	POLICY NO: 16.10
SUBJECT: Wellness Policy	RELATED STANDARDS:
(16.10) 10.10.2014, 12.16.2014, 12.17.2018, 06.21.2021, 10.14.2022	TDA Local Wellness Policy Standard TJJD: 343.300 – 343.302

I. POLICY:

Van Zandt County Juvenile Probation Department (VZCJPD) is committed to providing an environment within the Van Zandt County Youth Multi-Service Center, along with the Grand Saline Independent School District, that promotes and protects children's health, well-being, and ability to learn by supporting and providing an opportunity for healthy eating, education and physical activity. All the components of nutritional education, physical activity and other facility-based activities are part of the (VZCJPD) Program.

II. DEFINITIONS:

VZCJPD has developed a Wellness Policy that is focused on improving the health of our residents /students in the Juvenile Detention Facility while they are with us. Food and beverages served at the detention facility will meet the nutrition recommendations of the National School Lunch Program, School Breakfast Program and U.S. Dietary Guidelines for Americans.

III. PROCEDURES:

A. The Van Zandt County Juvenile Probation Department shall:

1. Promote the goal of teaching our residents/students to eat healthy by providing information during the intake process in the Van Zandt County Juvenile Detention Orientation Packet.
2. Provide each resident /student with Life Skills which promote further awareness of good eating habits.

B. The Van Zandt County Juvenile Probation Department shall:

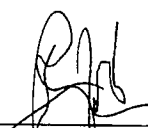
1. Promote the goal of teaching our residents/students the importance of regular physical activity by providing one hour of scheduled large muscle exercises.

POLICY AND PROCEDURES  
FOOD SERVICE /WELLNESS POLICY  
PAGE 2 OF 3

- C. The Van Zandt County Juvenile Probation Department shall:
1. Promote the goal of following the required guidelines for all foods and beverages served at the facility.
  2. Provide a meal production sheet with the nutritional information of each meal served at the facility.
  3. Have the meals and menus developed, reviewed and approved by a registered dietician which ensures that the menu plans meet or exceed the requirements of the United States Department of Agriculture.
  4. Serve meals through the National School Lunch and School Breakfast Programs which are appealing and attractive to residents/students.
  5. Serve meals in a clean and pleasant setting
  6. Serve meals which meet, at a minimum requirement established by local, state and federal statutes and regulations.
  7. Serve a variety of fruit and vegetables.
  8. Serve Food and Beverages that meet the recommendations of the NSLP U.S. Dietary Guidelines for Americans and the United States Department of Agriculture.
- D. Van Zandt County Juvenile Probation shall:
1. Promote the goal that foods and beverages provided through federally reimbursable school meals programs shall meet or exceed federal regulations.
  2. Have the meals provided to the residents / students at the facility regularly monitored by the Facility Administrator and/or designee of the facility.
  3. Record temperatures for breakfast and lunch and make sure appropriate beverages are offered at each meal.
  4. Have the Facility Administrator and/or designee responsible for program monitoring policy review, implementation and revisions.

POLICY AND PROCEDURES  
FOOD SERVICE /WELLNESS POLICY  
PAGE 3 OF 3

5. Van Zandt County Juvenile Probation Department will ensure that compliance with local school wellness policy.
6. Van Zandt County Juvenile Probation Department shall promote the engagement of Stakeholders such as Facility Administrator, Governing Board Members, parents and students to be involved in the development and implementation of the Local Wellness Policy.
7. Van Zandt County Juvenile Probation Department is required to keep documentation for a period of three (3) years.
8. Van Zandt County Juvenile Probation Department will at least once every three years, assess compliance with the local school wellness policy, and make assessment results available to the public. The assessment must measure the implementation of the local school wellness policy, and include:
  - The extent to which schools under the jurisdiction of the district are in compliance with the local school wellness policy;
  - The extent to which the district's local school wellness policy compares to model local school wellness policies; and
  - A description of the progress made in attaining the goals of the local school wellness policy.
9. Van Zandt County Juvenile Probation Department does not allow for foods and/or beverages to be sold within the facility.

APPROVED BY:  Robert J. Colasino, Director of Juvenile Services

10/14/00  
DATE